**Overall time planning UL2011 Athletics**

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| --- | --- | --- | --- | --- | --- | --- |
| Time | Tuesday 2/8 | Wednesday 3/8 | Thursday 4/8 | Friday 5/8 | Saturday 6/8 | Sunday 7/8 |
| 07.00-09.30 |  | Breakfast at Stadium | Breakfast at Stadium | Breakfast at Stadium | Breakfast at Stadium | Breakfast at Stadium |
| 09.30-12.00 |  | Training  Coach meeting  Para UL  Cafeteria open | Training | Competitions  Cafeteria open | Competitions  Cafeteria open | Departure |
| 12.00-13.00 |  | Lunch at Stadium | Lunch at Stadium | Lunch at Stadium | Lunch at Stadium |  |
| 13.00-15.00 | Arrival | Training  Equipment Control  Cafeteria open | Fårup Sommerland | Competitions  Cafeteria open | Competitions  Cafeteria open |  |
| 15.00-16.30 | Training | Opening ceremony | Fårup Sommerland | Competitions  Cafeteria open | Cafeteria open |  |
| 17.00-22.00 | Sport village open  Diner at Nordkraft | Sport village open  Diner at Nordkraft | Fårup Sommerland | Sport village open  Diner at Nordkraft | Diner at Nordkraft  Party at Nordkraft |  |
| 22.00 - | Night at Stolpedalen Skole | Night at Stolpedalen Skole | Night at Stolpedalen Skole | Night at  Stolpedalen Skole | Night at Stolpedalen Skole |  |

The coach meeting on Wednesday includes general information, handing out of start numbers, setting relay team, setting starting heights in height jump, answering of questions.

Please note that competitors using their own javelins, shots or discusses need these checked and tagged Wednesday afternoon