**Overall time planning UL2011 Athletics**

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| --- | --- | --- | --- | --- | --- | --- |
| Time | Tuesday 2/8 | Wednesday 3/8 | Thursday 4/8 | Friday 5/8 | Saturday 6/8 | Sunday 7/8 |
| 07.00-09.30 |  | Breakfast at Stadium | Breakfast at Stadium | Breakfast at Stadium | Breakfast at Stadium | Breakfast at Stadium |
| 09.30-12.00 |  | TrainingCoach meetingPara ULCafeteria open | Training | CompetitionsCafeteria open | CompetitionsCafeteria open | Departure |
| 12.00-13.00 |  | Lunch at Stadium | Lunch at Stadium | Lunch at Stadium | Lunch at Stadium |  |
| 13.00-15.00 | Arrival | Training Equipment ControlCafeteria open | Fårup Sommerland | CompetitionsCafeteria open | CompetitionsCafeteria open |  |
| 15.00-16.30 | Training | Opening ceremony | Fårup Sommerland | CompetitionsCafeteria open | Cafeteria open |  |
| 17.00-22.00 | Sport village openDiner at Nordkraft | Sport village openDiner at Nordkraft | Fårup Sommerland | Sport village openDiner at Nordkraft | Diner at NordkraftParty at Nordkraft |  |
| 22.00 - | Night at Stolpedalen Skole | Night at Stolpedalen Skole | Night at Stolpedalen Skole | Night at Stolpedalen Skole | Night at Stolpedalen Skole |  |

The coach meeting on Wednesday includes general information, handing out of start numbers, setting relay team, setting starting heights in height jump, answering of questions.

Please note that competitors using their own javelins, shots or discusses need these checked and tagged Wednesday afternoon